

What is a sober living home?

A sober home is where individuals come to live after completing rehabilitation program to live free from drugs and alcohol. This is a home that can provide individuals with an opportunity to recover in a peer to peer environment. This is where they can work on transitioning away from the dependency of drugs and or alcohol and their triggers, in order to help rebuild and maintain productive lives while in a supportive family like environment that provides accountability and skills needed to succeed.

We Welcome
Donations and Volunteers
To help make this
House a Home

For more information on how you can help make a positive change in your community.

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Sober Living Option for Women



L.E.A.P. Recovery is a non-profit 501(c)3 (pending) organization to help individuals with recovery from addiction.

L.E.A.P. Recovery *home will NOT be a therapeutic or licensed residential setting, and all clinical needs will be met outside the home.*

L.E.A.P. has a goal to help women develop the tools they need to live free from life controlling issues in structured sober living environment amongst their peers with encouragement and accountability in a positive, loving family like environment. In order to ensure accountability, we offer random drug screening, curfew, mandatory meetings, live in house manager, and transportation for recovery related appointments. Assistance with employment and educational opportunities also available.



Who qualifies?

- *Individuals will need to successfully complete an inpatient rehabilitation program, and be currently clean from drugs & alcohol, or attending IOP, or another form of intense therapy.
- *Must be 18 or over, and ambulatory.
- *Need to be physically, mentally and emotionally capable and willing to secure employment or enrollment enrolled an academic program.
- *Have the ability to work a twelve step or similar type of program.
- *Individuals need to be serious about their recovery.

Philosophy

Our comprehensive system of recovery services is based on the following beliefs:

Abstinence from alcohol and other mind-altering drugs must be maintained in order to effectively maintain sobriety.

Recovery is an ongoing process. We emphasize treatment of each aspect of life that is affected by alcohol and drug use: the physical, emotional, spiritual and family aspects of addiction.

Mission Statement

Advocating for individuals through

Love

Expectations

Accountability and

Patience

to maintain a clean and sober lifestyle one day at a time. Bridging the gap between rehab and success.

