

| MONDAY through FRIDAY Mornings - 2 Weeks Long | | | | | | | | | | | | | | | | |
|---|------------------|-------|-------|-------|------------------|-------|-------|-------|-------------------|-------|-------|-------|---------------|-------|-------|-------|
| VETERANS MEMORIAL OUTDOOR AQUATIC CENTER | SESSION 2 | | | | SESSION 3 | | | | SESSION 4 | | | | SESSION 5 | | | |
| | June 22 - July 3 | | | | July 6 - July 17 | | | | July 20 - July 31 | | | | Aug 3- Aug 14 | | | |
| | 9:30 | 10:15 | 11:00 | 11:45 | 9:30 | 10:15 | 11:00 | 11:45 | 9:30 | 10:15 | 11:00 | 11:45 | 9:30 | 10:15 | 11:00 | 11:45 |
| Guppy* | | | | | | | | ● | | | | | | ● | | |
| Sunfish* | ● | | ● | | ● | | ● | | | ● | ● | ● | | | ● | ● |
| Dolphin* | ● | | ● | | | ● | | | | | | | ● | ● | | |
| Turtle* | | ● | | ● | ● | ● | ● | | | | | ● | ● | | | ● |
| Level 1* -Intro to Water Skills | ● | | ● | | ● | ● | ● | | ● | ● | ● | ● | | | ● | |
| Level 2 - Fundamental Skills | ● | ● | ● | ● | ● | ● | ● | ● | ● | ● | ● | ● | ● | ● | | ● |
| Level 3 - Stroke Development | | | | ● | ● | | ● | ● | ● | | ● | ● | | ● | ● | ● |
| Level 4 - Stroke Improvement | | ● | | | | ● | | | | ● | | ● | ● | | ● | |
| Level 5 - Stroke Refinement | | | | | | | | ● | ● | | | ● | | | | |
| Level 6 - Fitness Swimmer | | | | | | | | | ● | | | | | | | |

| TUES/THURS Mornings | | | | |
|---|----------------|-------|-------|-------|
| 2 days for 4 Weeks | | | | |
| VETERANS MEMORIAL OUTDOOR AQUATIC CENTER | | | | |
| | SESSION B | | | |
| | July 21-Aug 13 | | | |
| | Tues & Thurs | | | |
| | 9:30 | 10:15 | 11:00 | 11:45 |
| Polliwog* | | | | |
| Guppy* | | | ● | |
| Sunfish* | | ● | | |
| Dolphin* | | | | ● |
| Turtle* | | | ● | |
| Level 1* -Intro to Water Skills | | ● | | |
| Level 2 - Fundamental Skills | ● | | | |
| Level 3 - Stroke Development | ● | | | |
| Level 4 - Stroke Improvement | | | | |
| Level 5 - Stroke Refinement | | | | |
| Level 6 - Fitness Swimmer | | | | ● |

VETERANS AND SIGNICAST LESSONS:

*Parent/Guardian/Adult (16+) required in the water for the following lessons:

- Polliwog
- Guppy
- Sunfish
- Dolphin
- Turtle
- Level 1

All Classes 40 Minutes Long

All Classes
\$37 Resident
\$52 Non-Res

| SIGNICAST FAMILY INDOOR AQUATIC CENTER | | | | | | | | |
|--|-----------------|--------|--------|--------|----------------|--------|--------|--------|
| Mon & Wed - 4 weeks | | | | | | | | |
| | SESSION S2 | | | | SESSION S3 | | | |
| | June 29-July 22 | | | | July 27-Aug 19 | | | |
| | 5:00pm | 5:45pm | 6:30pm | 7:15pm | 5:00pm | 5:45pm | 6:30pm | 7:15pm |
| Polliwog* | | ● | | | | | ● | |
| Guppy* | | | ● | | | | ● | |
| Sunfish* | ● | | | | ● | ● | | |
| Dolphin* | | ● | | | ● | ● | | |
| Turtle* | | ● | | | | | ● | |
| Level 1* -Intro to Water Skills | ● | ● | ● | | ● | ● | ● | |
| Level O1 (age 8+) -Intro Water Skills | | | | ● | | | | |
| Level 2 - Fundamental Skills | | | ● | | ● | | ● | |
| Level 3 - Stroke Development | ● | | | | | ● | | |
| Level 4 - Stroke Improvement | | | | ● | | | | ● |
| Level 5/6 - Stroke Refine/Fitness | | | | | | | | ● |